

# TABLE OF CONTENTS: SESSIONS 1-20

## SESSION 1 INTRODUCTION TO *CONFIRM NOT CONFORM*

Introduces the premises of the *Confirm not Conform* program and establishes group expectations.

## SESSION 2 WHERE DO YOU STAND: THE GOSPEL ACCORDING TO WHOM

Explores where youth are starting from and what they currently believe.

## SESSION 3 WHERE DO YOU STAND: MEET YOUR MENTOR

Establishes the mentor/youth relationship. **Mentors attend this session.**

## SESSION 4 HERETICS R US

Discovers how heretics through the ages have shaped our faith today.

## SESSION 5 SCRIPTURE: A MAD DASH THROUGH A GOOD BOOK

An overview of the Bible and how it is put together.

## SESSION 6 TEACH US TO PRAY: THE LORD'S PRAYER

Closely examines several versions of the Lord's Prayer, followed by a Prayer Lab where youth can explore different ways to pray.

## SESSION 7 TRADITION: THE NICENE CREED

Presents the history of the church up through the writing of the Nicene Creed. Youth are invited to define the meanings of some basic concepts of faith.

## SESSION 8 TRADITION: CHURCH HISTORY CONTINUED

Youth develop a creed through the Council of CnC. A brief presentation of the history of the church through the 1700s.

## SESSION 9 FAITH IN ACTION: PAIN TO POWER

Explores how God helps us transform the pain in our lives into the very power we need to transform the world. **Mentors attend this session.**

## SESSION 10 FAITH IN ACTION: HOW WE CAN HELP

Examines those things that can help others, those things that don't, and why we help others at all.

**SESSION 11 FAITH IN ACTION: THE ISSUE OF POWER**

Focuses on the role that power plays in living out our call to be Christ's body in the world.

**SESSION 12 SCRIPTURE: THE BIBLE BY HEART**

Youth learn to use a concordance to help them select a passage of Scripture to memorize. **Mentors attend this session.**

**SESSION 13 TEACH US TO PRAY: THE BOOK OF COMMON PRAYER**

An overview and exploration of the history and contents of *The Book of Common Prayer*.

**SESSION 14 TEACH US TO PRAY: SACRAMENTS**

Discusses the meaning of the sacraments in the Episcopal tradition.

**SESSION 15 TRADITION: THE CHURCH THROUGH THE YEAR**

Explores the seasons of the church year and examines some of the materials used in worship.

**SESSION 16 TRADITION: THE MINISTRY OF THE BAPTIZED**

Discusses how all who are baptized are ministers in the church, and how the church sometimes sends mixed messages about that.

**SESSION 17 WORLD COUNCIL OF RELIGIONS**

Explores the basic tenets of other major world religions.

**SESSION 18 WHERE DO YOU STAND: THE POWER TO CHOOSE**

Revisits the statements of faith youth looked at in Session 2 and explores how they have changed over the course of the program. **Mentors attend this session.**

**SESSION 19 FAITH IN ACTION: MAY WE PRESENT**

Helps youth design a presentation for the vestry about their service project. **This session is held the week before the group meets with the vestry.**

**SESSION 20 WHERE DO YOU STAND: WHERE DO YOU GO FROM HERE?**

An evaluation of the program and brainstorming about youth's ongoing ministry in the church and the world.